What a great week at Bingara Central School!

Hospitality
On Monday our Hospitality students provided a luncheon for the Gwydir Shire Council staff and school staff at the beautiful Roxy Café. The fabulous menu served us with Thai spring rolls, Thai yellow chicken curry/rice, Coconut custard with mango and lime + pickled cucumber salad and Thai bean salad. The luncheon was an inspiration and supervised by our new Hospitality teacher, Annette Mavin. It was a great way to start the week to have our students taking the opportunity of using the Roxy Trade Training Centre and Café and sharing their talents with our community.

Our SRC students also look forward with the Hospitality students to provide community services to support celebrations for Bingara Lions Club in the upcoming month.

Staff
We welcome to our school this week relieving teachers Amy Young (welcome back to school!) and Jackie McLennan (Coffs Harbour). We are so lucky to have these teachers for a short period and both teachers are working across our K-12 classrooms.

Certificate III Fitness
Well done to Mrs Gasson who kicked off the Fitness students’ boot camp last Friday morning @ 6:30 am. We look forward to our fitness students having this opportunity, under the supervision of Mrs Gasson, to run such a program for their experiences for their study requirements.

Voluntary School Contribution
Recently our school sent home invoices for Voluntary School Contributions [VSC] and Subject Selection Fees. In past years, the VSC has been given directly to the P&C as part of their fundraising. This year, these fees will be credited directly to our school to enhance our educational and sporting programs instead of asking for this money back from the P&C. In addition to the VSC, the P&C agreed at their last meeting to also include a P&C Levy of $20 per student to assist with their fundraising and support for our school. Further information and updated invoices will be sent home to students this week.

Student Representative Council
It was great to see our SRC enjoy their first meeting last week. It is wonderful to see our new leaders nominate to participate in Leadership programs, community events and for some the Duke of Edinburgh program. The students have also planned fund raising events, so watch this space!

School Photos
School photos will be taken next Week – Thursday 3 March. Please ensure your child/ren are sent to school on this day in the CORRECT UNIFORM. This includes senior students. Year 11 and 12 girls will be required to wear a skirt and school shirt as their correct uniform. Skirts are available [surplus supply and are free] for senior girls to wear. Please see Mrs Whitfeld for any requirements. Further information about school photos are provided in this Newsletter.

Parents Contacting Students
It has come to my attention that some parents are texting and calling their secondary child/ren DURING lessons. Families are reminded AGAIN that students are NOT permitted to use their mobile phones during class time. If it is necessary to contact your child, messages can be sent during the Recess 11.05 – 11.30 am and 1.15pm-2.00pm pm breaks.

It is also NOT acceptable for students to contact their families and ask parent/careers to call home and ask parents to call the school office and give them permission to go home sick without advising a teacher that they are unwell. It is a Work Health and Safety requirement and school rule that students MUST FIRST let their teacher know if they are unwell. There also may be other reasons for the request (avoiding subjects/ assessment tasks etc.) so it is important that class teachers/Head Teachers are notified.

Depending on the symptoms displayed, parents are immediately contacted if students are sent to the School Clinic. Therefore the staff and parents know what is happening.

If your child/ren are unwell before school, then it is recommended that you keep your child/ren at home and contact the office of their absence. Jennifer Bird
Principal
On Tuesday, the HSC Biology class dissected hearts as part of the "Maintaining a Balance" topic. Students observed the structure of the heart and related it to how the heart functions.
A big congratulations to all the students who competed in the PSSA Swimming Carnival in Inverell last Friday. All of our students did a fantastic job and swam extremely well. A special mention to Taylor Lewis who received Senior Primary Girl Champion closely followed by Brooke McKinnon.

Good luck to the following students who will travel to Armidale on Monday 7th March to compete at the Regional Carnival: Sarah Dennis, Sophie Dennis, Ginaya Fernando, Brock Galvin, Douglas Grant, Blaire Johnson, Taylor Lewis, Angus Marshall, Eleanor McFarland, Peter McFarland, Brooke McKinnon, Brody Michell, Digby Munro, Ben Perrin, Sophie Small, Darcy Todd, Steven Todd, Charlotte Young and Thomas Young.

Regional swimming training will be available at the Bingara pool on Saturday. For more information please contact Elita Ayre.

Mrs Fiona Craddock
Fundraising
Bingara Central School wristbands are available for purchase for $3.00 each. All money raised will go toward resources to support learning in the Primary School.

School Sport
All students from Years 3-12 have been given the opportunity to attend swimming at the Bingara Swimming Pool on Fridays for sport. This will continue for 2 more weeks. Students who qualified for the Regional Swimming are encouraged to attend as the Swimming coach will be available to help improve or correct strokes. The note can also be found on our website www.bingara-c.schools.nsw.edu.au

Regional Swimming Carnival
All primary students who have qualified for the Zone Swimming Carnival have received their race qualifications on the permission note. The Carnival will be held at the Monckton Aquatics Centre, Dumaresq St Armidale from 9:00am on Monday 7th March. Transport to the event will be by private transport, any students unable to be transported need to see Miss McIntyre. There will be adequate teacher supervision at the pool from 9:00am.

Whole School Assembly
A Whole School Assembly will be held next Thursday 3rd March. We look forward to see many families and friends attending. Stage 3 will be presenting some work they have completed so far this term.

Up Coming Events
Parent Teacher Meetings will be held on Tuesday 8th March. Further information and booking times will be sent out shortly.

Mufti Day Come dressed as a Super Hero, Thursday 10th March. Provide a gold coin donation with all money raised going to the SRC to help provide school resources.

Alison Johnson & Simone McIntyre
Assistant Principals

Healthy Lunch Boxes
Blueberry Muffins
2 teaspoons (10g) Flora Pro-activ spread, melted for greasing
1 3/4 cups self raising flour
1 teaspoon baking powder
1/2 teaspoon ground cinnamon
1/4 cup caster sugar
1/2 cup fresh or frozen blueberries
1/4 cup (60g) Flora Pro-activ spread, extra
1 cup (250ml) reduced fat milk
1 egg, lightly beaten
1 teaspoon vanilla essence

1. Preheat oven to 200°C (180°C fan-forced). Brush a 12-cup non-stick muffin tin with melted Flora Pro-activ.

2. Sift flour, baking powder and cinnamon into a bowl. Mix in sugar and blueberries. In another bowl, combine the extra Flora Pro-activ, milk, egg and vanilla. Mix the Flora Pro-activ mixture into the dry ingredients until just combined. Spoon mixture into prepared tin.

3. Bake for 15-20 minutes or until a skewer inserted into the centre comes out cleanly. Serve warm or cold, spread with extra Flora Pro-activ if desired.

Remember Water is Best!

GRANDPARENTS MORNING TEA
Thursday 24th March 2016
11.00am-11.30am
$2 for a Cuppa & Cake
School Hall

You are invited to stay and watch the K-2 Easter Hat Parade which will follow the morning tea.
BAND PROGRAM
We have had a great start to the year! Our groups are coming together nicely and David, Stefan and I are very pleased with the excellent progress made at Gwydir Band rehearsals. In particular, the older members have really stepped up in helping and guiding our new members and have made them feel comfortable and welcome. Now is the best time for any other beginners to make a start as the music is easier and there are a lot of other beginners starting too.

I have ordered music for “Ghostbusters” and the “Sound of Music” which will be two of the pieces we will be playing in the Bingara musical “Phantom of the Roxy” to be held on Tuesday 31st May (dress rehearsal), Thursday 2nd June (Matinee), Friday 3rd June (evening) and Saturday 4th June (evening). There will probably be a rehearsal in Bingara another day for the Gwydir Band before this, although Bingara students will be practising hard on their class songs most days as well. Please keep these dates free.

So each rehearsal between now and the musical will be very important! When we get closer, it will be important to book your tickets early, as traditionally it sells out very quickly and there are only two evening performances this time.

It never ceases to amaze me what clever and talented children we have in the Gwydir Shire! I know that we are extremely fortunate to have such wonderful family support and continued backing from the Principals of our schools. Without these there would be no band program. Thank you for your support and encouragement!

INSTRUMENTAL AND VOCAL CAMPS
Please note that band camp and vocal camp nominations are due on 11th March and 27th February respectively. If you are interested please see the office staff for a form. Please note there is a $50 late fee. These forms are to be sent directly to Di Hall, however, I need to know who is going so that I can organise the paperwork at each school. Please email me if you are attending either camp.

INSTRUMENTAL LESSONS
Wendy Champion, David Brown and Helen Robinson have just about finalised their timetables for this year. There are very few places left. Please email me if you are interested, or phone Wendy Champion for woodwind lessons on 0438 287 582. These are highly recommended.

THURSDAY BAND
Last week I organised the children into three groups based on where they have reached in the Essential Elements books. Once the musical is over, there may be changes back to the previous timetable. Please email me if your child is unhappy in their group.

Congratulations to the Book 2 group on their impromptu performance at the assembly last Thursday. It is my aim to have a group performing at the assemblies each fortnight.

I will not be starting a new group in Bingara until after the musical.

PHANTOM OF THE ROXY
It was very pleasing to have a group of vocalists audition for vocal parts and featured choir in the musical. Today at 2pm there will be catch up auditions for anyone who could not come last Thursday and this will be the last chance to be part of that group as we need to get working.

Hopefully everyone is doing their “Time Warp” too!

It is great to see and hear all the different stages working on their songs. I can’t wait to see it all come together in June!

IMPORTANTLY
If you have any concerns or queries, please contact me, preferably by email and I will get back to you as soon as possible.

Mrs Robyn Conway
Music Teacher
Warialda High School
Bingara Central School (Thursday)
Communication
Parents are also reminded to ensure that after school arrangements are confirmed with your child BEFORE SCHOOL rather than contacting the school office with messages at 3.00pm. This may not provide sufficient time for messages to reach your child.

UNIFORMS NEWS
Please find attached to this newsletter a uniform order form. If you are wanting to order winter uniforms for your child this is the time. Please ensure all orders are back at school by Monday 21st March to ensure uniforms to be back by the end of term. No orders will be accepted without payment and no late orders will be accepted.

We have plenty of school bucket hats available for purchase for $15 each. Secondary school caps are also $15 each.

If you are going to the clothing pool please ensure you sign in through the front office.

Clothing pool/Uniform Shop hours are 9am - 2pm.

Thank you

SWIMMING CLUB NEWS
An invitation goes out to ALL swimming club members

Dolphin fun night and Club championship night followed by end of season presentation and BBQ

Friday 4th March starting at 4pm

Dolphin fun night is for all our 8 year and under members. A range of super fun water activities has been organised for all our little dolphins, starting at 4pm.

Following our little dolphins is the club championships. All the children will get a chance to race and times will be recorded. Will anyone break a club record????

A well earned sausage sizzle and presentation will conclude the night.

See all you super swimmers there.
BINGARA CENTRAL SCHOOL
UNIFORM ORDER

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**TOTAL AMOUNT** $  

NAME: _________________________________________          PHONE NUMBER: _________________________________

NO ORDER WILL BE ACCEPTED WITHOUT PAYMENT

Staff will notify you when your order is ready to be picked up.

ORDER FORMS ARE DUE BACK AT SCHOOL BY MONDAY 21ST MARCH
Take a HiIT Class with Jody Turnbull

High Intensity Interval Training

Bingara Central School Hall
Wednesdays @ 3:30pm
Cost $10.00 per adult
Info: Jody 0427 524 787

All fitness levels and genders welcome