Welcome to Week 4

It is very exciting to see the start of preparations for our musical *Phantom of the Roxy* for 2016 getting underway. We are pleased to be part of the 80th anniversary celebrations of the Roxy Theatre. We have had lots of fun dancing together with the whole school and participation in singing and speaking auditions. This is only the beginning!

Twilight Swimming Carnival
Thank you to our staff, students and school community for another fantastic twilight swimming carnival.

Congratulations to our Age Champions: Brock Galvin, Sophie Dennis & Charlotte Young, Brody Michell, Sophie Small, Peter McFarland, Taylor Lewis and Brooke McKinnon, Harry Bridges, Erica Dixon, Thomas Honeysett, Chloe Butler, Lachlan Butler and Crystal Cooper and of course to LAVER being the champion house for 2016. A big thank you also to Glen Wade, and the P&C volunteers too for providing great facilities and plenty to eat!

Zone Swimming Carnival
Congratulations and good luck to all our representatives at tomorrow’s PSSA Zone Swimming carnival at Inverell. No doubt you will represent our school with pride.

Mobile Phones
A reminder that students may bring their mobile phone to school BUT...

1. they must be responsible for their phone
2. are not permitted to use their phone during class time
3. must have their phone on silent during class time

Students who use their mobile phones during class time for personal reasons will have their phone immediately confiscated and returned at the end of the school day.

Communication
Parents are also reminded to ensure that after school arrangements are confirmed with your child BEFORE SCHOOL rather than contacting the school office with messages at 3.00pm. This may not provide sufficient time for messages to reach your child.

Jennifer Bird
Principal
**Fundraising**
Bingara Central School wristbands are available for purchase for $3.00 each. All money raised will go toward resources to support learning in the Primary School.

**School Sport**
All students from Years 3-12 have been given the opportunity to attend swimming at the Bingara Swimming Pool on Fridays for sport. This program will run for 3 weeks. Students who qualified for the Zone are encouraged to attend as the Swimming coach will be available to help improve or correct strokes. The note can also be found on our website [www.bingara-c.schools.nsw.edu.au](http://www.bingara-c.schools.nsw.edu.au).

**Zone Swimming Carnival**
All primary students who have qualified for the Zone Swimming Carnival have received their race qualifications on the permission note. The Carnival will be held at the Inverell Memorial Pool, Evans St Inverell from 9:00am on Friday 19th February. Transport to the event will be by private transport, any students unable to be transported need to see Miss McIntyre. There will be adequate teacher supervision at the pool from 9:00am.

**Up Coming Events**
Regional Swimming Carnival will be held on Monday 7th March at Armidale Swimming Pool, Dumaresq St, Armidale. Students who qualify for this event will receive a note with further information at the Zone Carnival.

**Parent Teacher Meetings** will be held on Tuesday 8th March. Further information and booking times will be sent out shortly.

**Healthy Lunch Boxes**
_A good helping of fruit and vegetables_
Fresh fruit is easy to pack. You can also try a tub of canned fruit or chopped fresh strawberries, pineapple or melon. Raw vegies such as carrot sticks, cherry tomatoes, cucumber or capsicum strips are popular as a snack or in a sandwich.

**Remember Water is Best!**

**Alison Johnson & Simone McIntyre**
Assistant Principals
NRL CLINIC

Thank you to Peter Stevens who ran NRL Clinics yesterday for students in Years 3-6. Peter will be back in a couple of weeks to run clinics with K-6.
Welcome to the end of week 4! A reminder all students should now have made any elective changes and should be finalising their timetables this week. In the next week or so we will have our staffing entitlement numbers which will allow us to finalise teaching allocations across K-12.

All students need to remember that hats need to be worn during all outside activities. If students do not have hats then they will not be able to participate. School hats were handed out to all students 7 – 12 last year. If your child is new to school or this year’s Year 7 student, these hats can be purchased from the front office for $15. Students will not be taken on excursions outside of school in incorrect school uniform. This includes their hat!

We are getting close to week 5 and subject fees are now close to being due. Remember your child will not be able to participate in practical lessons if their fees have not been paid. If you are experiencing difficulty with this please don’t hesitate to contact the school and we will set up a payment plan.

The Bingara show is just around the corner. The stage 5 Food Technology students have been busy preserving Apricot jam and tomato relish to enter in the show. There are many different categories the students can enter in the show. We will be encouraging students at school to enter in some of these areas. There also many things at home students can do to get prepared for the show.

Students have made selections for sport for weeks 4-7. These include; swimming, dance, league tag and gym. If your child has chosen swimming, please make sure they return their swimming notes tomorrow.

Well done to all those students who competed at the school swimming carnival! We have a number of students who have made it to represent the school at regional on the 8th of March. Good luck to all the Primary students competing at the Zone Swimming Carnival tomorrow.

Congratulations to all students who received merit certificates at today’s whole school assembly.

Mrs Mill and Mrs Conway have been working hard organising our school musical. They are now calling out to students who wish to sing or hold speaking roles in the play to come forward and try out for these parts. If your child is interested, but may be a little shy in coming forward, please keep encouraging them to do so. It is set to be yet another fabulous musical performance by Bingara Central!

Shelley Turnbull & Annette Mavin
Head Teachers
We have had a great start to the year, highlighted by a great swimming carnival.

Currently we are organising a Middle School excursion to the Great Aussie Bushcamp at Tea Gardens, just north of Newcastle. The program which we are planning aims to support student wellbeing by challenging students through a range of group tasks such as rope course, abseiling and rock climbing. Although students will be together during the day, I can assure you that they will have small group accommodation (8 per cabin) that will be carefully chosen and planned.

We are also revitalising the Duke of Edinburgh Award, with Mr Corby and Ms Robinson taking on the coordinating roles.

We are also conducting a review of our senior school, where staff will look at our data and opportunities to make our delivery more efficient.

Any students wishing to participate in the ICAS Competitions for 2016, please find the note attached to this newsletter.

Gary Hansen
Rel. Deputy Principal

**MIDDLE SCHOOL**

**SKILLS FOR LIFE**

This year’s ‘Skills for Life’ Middle School program continues to focus on outdoor recreation activities. Last week, students cooked damper from scratch, making the dough and cooking it in the oven. This week, the students learnt how to make a campfire safely and then cooked damper over the fire and hot coals. The results were delicious!
<table>
<thead>
<tr>
<th>Stage Group</th>
<th>Subject</th>
<th>Weekly</th>
<th>Daily</th>
<th>Handed Out</th>
<th>Due Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stage 4 - Barayamal</td>
<td>Mathematics</td>
<td>*</td>
<td></td>
<td>Wed 17th Feb</td>
<td>Wed 24th Feb</td>
</tr>
<tr>
<td>Stage 4 Guduu</td>
<td>Science</td>
<td>*</td>
<td></td>
<td>Fri 19th Feb</td>
<td>Fri 26th Feb</td>
</tr>
<tr>
<td>Stage 4 - Barayamal</td>
<td>Mathematics</td>
<td>*</td>
<td>After each class</td>
<td>Start of next class</td>
<td></td>
</tr>
<tr>
<td>Stage 5</td>
<td>Mathematics</td>
<td>*</td>
<td>After each class</td>
<td>Start of next class</td>
<td></td>
</tr>
<tr>
<td>Stage 6</td>
<td>Mathematics</td>
<td>*</td>
<td>After each class</td>
<td>Start of next class</td>
<td></td>
</tr>
<tr>
<td>Stage 4 - Barayamal</td>
<td>Science</td>
<td>*</td>
<td></td>
<td>Tues 16th Feb</td>
<td>Tues 23rd Feb</td>
</tr>
<tr>
<td>Stage 5</td>
<td>Science</td>
<td>*</td>
<td></td>
<td>Thurs 18th Feb</td>
<td>Thurs 25th Feb</td>
</tr>
</tbody>
</table>
**Winning House:** LAVER

**AGE CHAMPIONS**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Gender</th>
<th>Name(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jnr Primary Boy</td>
<td></td>
<td>Brock Galvin</td>
</tr>
<tr>
<td>Jnr Primary Girl</td>
<td></td>
<td>Sophie Dennis &amp; Charlotte Young</td>
</tr>
<tr>
<td>11yr Primary Boy</td>
<td></td>
<td>Brody Michell</td>
</tr>
<tr>
<td>11yr Primary Girl</td>
<td></td>
<td>Sophie Small</td>
</tr>
<tr>
<td>Snr Primary Boy</td>
<td></td>
<td>Peter McFarland</td>
</tr>
<tr>
<td>Snr Primary Girl</td>
<td></td>
<td>Taylor Lewis &amp; Brooke McKinnon</td>
</tr>
<tr>
<td>Jnr Secondary Boy</td>
<td></td>
<td>Harry Bridges</td>
</tr>
<tr>
<td>Jnr Secondary Girl</td>
<td></td>
<td>Erica Dixon</td>
</tr>
<tr>
<td>Snr Secondary Boy</td>
<td></td>
<td>Thomas Honeysett</td>
</tr>
<tr>
<td>Snr Secondary Girl</td>
<td></td>
<td>Chloe Butler</td>
</tr>
<tr>
<td>Open Secondary Boy</td>
<td></td>
<td>Lachlan Butler</td>
</tr>
<tr>
<td>Open Secondary Girl</td>
<td></td>
<td>Crystal Cooper</td>
</tr>
</tbody>
</table>

**Congratulations to Crystal Cooper who broke the following records:**

- Open Girls 33m Freestyle
- Open Girls 33m Backstroke
- Open Girls 33m Butterfly
- Open Girls Medley
International Competitions and Assessments for School (ICAS)

Dear Parents/Carers,

The 2016 International Competitions and Assessments for School (ICAS) entries for this year are due by 21 March 2016. This date represents the closing date for all competitions, which will then begin in second term.

Costs: Computer skills, Science, English, Mathematics - $8.80 an entry, Spelling - $12.10 and Writing - $18.70 an entry.

The Spelling and Writing are more expensive because they are not computer marked, they are hand marked.

ICAS:
- Is an annual skills development assessment program in key areas of learning for students in Years 2 – 12.
- Is a great reference point, with results being mapped against all students sitting at the same level in Australia.
- Provides an excellent preparation for national testing
- Awards achievement certificates to all students at a range of levels.

1. High Distinction to the top 1% of students
2. Distinction to the next 10% of students
3. Credit to the next 25% of students
4. Merit to the next 10% of students
5. Participation to all other students.

TO ENROL YOUR CHILD(REN) IN ICAS, PLEASE COMPLETE THE REGISTRATION FORM OVERLEAF AND RETURN IT, WITH YOUR ENTRY FEES TO THE MAIN FRONT SCHOOL OFFICE BY 21 MARCH 2016.

Yours sincerely,

Gary Hansen                                          Jennifer Bird
Relieving Deputy Principal                           Principal
16 February 2016

2016 International Competitions and Assessments for Schools (ICAS)
Registration Form

Please return this form to school.

I give permission for my child ................................................of........................................

Child’s name Class

to participate in the following 2016 International Competitions and Assessments for Schools (ICAS):

Please select the subjects you would like your child to enter:

<table>
<thead>
<tr>
<th>Subject/Paper</th>
<th>Official Sitting Date</th>
<th>School Years</th>
<th>COST</th>
<th>Fee enclosed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digital Technologies</td>
<td>Tuesday, 17 May</td>
<td>3 – 10</td>
<td>$8.80</td>
<td></td>
</tr>
<tr>
<td>Science</td>
<td>Tuesday, 31 May</td>
<td>2 – 12</td>
<td>$8.80</td>
<td></td>
</tr>
<tr>
<td>Writing</td>
<td>Monday, 13 June</td>
<td>3 – 12</td>
<td>$18.70</td>
<td></td>
</tr>
<tr>
<td>Spelling</td>
<td>Wednesday, 15 June</td>
<td>3 – 7</td>
<td>$12.10</td>
<td></td>
</tr>
<tr>
<td>English</td>
<td>Tuesday, 2 August</td>
<td>2 – 12</td>
<td>$8.80</td>
<td></td>
</tr>
<tr>
<td>Mathematics</td>
<td>Tuesday, 16 August</td>
<td>2 – 12</td>
<td>$8.80</td>
<td></td>
</tr>
</tbody>
</table>

Note: The official sitting date has been included for your planning, but as stated on the first page all money for competitions must be in by 21 March 2016.

Please find enclosed ........................................total entry fee.
(amount)

Name of Parent/Guardian.................................................................

Signature of Parent/Guardian...........................................................

Date........................................

Proud member of the Gwydir Learning Region
NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2016 the following vaccines will be offered:

**Year 7 students**
- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Consent form kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:
- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation)

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child's name) on the consent form, as this is required to record the student's information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.
CANTEEN

FEBRUARY
Friday 19  Melissa Wadley
Monday 22  Kylie Johnson
Tuesday 23  Michelle Tanner
Wednesday 24  Norma Honeysett
Thursday 25  Jo Munro  Krissy Grant

PUPIL INFORMATION SHEETS

Every student received a 2016 Pupil Information sheet. It is extremely important that this be filled out and returned to school as soon as possible so we can keep your child’s details up to date. Thank you to the parents who have returned this form.

A REMINDER TO PARENTS TO NOTIFY THE SCHOOL ABOUT YOUR CHILD’S HEALTH

We welcome information from parents about your child’s health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child’s health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the school. This will greatly assist our school in planning to support your child’s health and wellbeing.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter’s health needs or as otherwise required by law.

HIIT class

(High Intensity Interval Training)

Bingara Central School hall on Wednesdays @ 3.30pm!

$10/per adult & $7/per student.

FOR ALL FITNESS LEVELS & GENDERS

Please bring a mat if you have one.

Jody Turnbull