Welcome to Week 5!

Already half way through our term and we never seem to slow down!

Good news! Our school has rebuilt our school website and you will be able to find it at http://www.bingarac.schools.nsw.edu.au/ from Friday 14 August 2016.

Our school website will now be maintained by school staff to provide up to date school information, weekly newsletters, excursions, calendars, photo galleries, links to our school FaceBook page and the NSW Department of Education notifications.

So click on at any time and enjoy!

Congratulations to our Zone Athletic Champions

Brooke McKinnon
Runner-up 11 year Girls
Sam Perrin
Runner-up Senior Boys
Uniform Draw: Congratulations to the following students who have had their names drawn out this week:
Montana Brien, Carrina Larkins, Brock Martin, Matilda Hansen, Mailee Sullivan, Charlotte Young, Tammy Trevithick, Taylor Lewis, Brooke McKinnon, and Jack Armstrong.

Stage 2 Excursion to Dubbo

The first instalment for the Dubbo camp is due Friday 21st August 2015. Payments made will determine numbers for the excursion. If you are making a payment at a later date please let your child’s classroom teacher know your child is attending.

Stage 3 Excursion to Lake Ainsworth

Medical and consent forms are to be completed online at: www.dsr.nsw.gov.au/schoolcampmedicalform This information will be sent directly to Lake Ainsworth so that staff can prepare for your child’s visit. These must be submitted by Monday 17th August 2015. Please contact Miss McIntyre if you have any enquires or need internet access.

Zone Athletics

Congratulations to Brooke McKinnon and Sam Perrin on achieving runner-up age champions. We are still awaiting final results and nominations for the Regional Athletics Carnival.

Alison Johnson & Simone McIntyre
Assistant Principals

Hi Kids! How are your skipping tricks going?
Can you do double-unders or criss-cross yet? It’s not long until your Jump Off day, so keep practising.
Have you got any sponsors yet? Why not get a parent to help you use the computer to get online sponsors. Students who raise $30 or more online get a chance to win cool prizes.
Log on to: www.heartfoundation.org.au/jumpropeforheart
And follow the directions
HSC Trials

Congratulations to our Year 12 students who completed their Trial HSC Examinations this week. In most cases this is the last formal assessment before their final exams. Results will be given to the students as soon as possible.

First Aid

Some of our students, along with Mrs Gasson, completed the First Aid Certificate course on Monday. The course involved completing a workbook before the day and a lot of hands-on assessment throughout the course. Well done to our students who have achieved their First Aid Certificate, which will be helpful in their future job hunting.

Bingara Central School – Warialda High School Super Faculty Meeting

Secondary staff from BCS and WHS worked together in a super faculty meeting on Tuesday afternoon. These meeting allow the two schools to discuss programs, assessment and other valuable education related topics as well as sharing resources and ideas to maximise the learning of all our students.

Work Experience

Students in Stage 5 have been working with Mrs Gasson to organise their work experience, which is coming up in the next couple of weeks. We wish these students luck in this big step towards their future and hope that they enjoy their chosen field of work.

Subject Selections

Just a reminder that Year 10 students need to complete their subject selection forms as soon as possible and return them to Mr Hansen. This is important for us to be able to determine which classes will be running for Year 11 in 2016.
Dear Miss Bird,

I think Year 2 shouldn’t get any more homework because it uses my time for playing outside and wastes daylight.

I am bored of homework because it is hard and takes a long time to finish. In conclusion, I don’t want homework as it uses my time to play outside.

from Cooper

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Dear Miss Bird

I think Year 2 should not have homework because it is very bad for you because it is frustrating.

Firstly, there should be no maths. It makes kids think for ages and ages.

Secondly, it takes away family time.

Finally, you miss out on playing for the after school.

In conclusion, I believe Year 2 should have no more homework.

from Angus

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Dear Miss Bird

I think Year 2 should get more homework because we are getting ready for Year Three and it is fun.

I feel happy about homework because you get to practise.

In conclusion, I believe Miss Bird, Year 2 should get more homework.

from Jane

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Dear Miss Bird

I think_year 2 should have more homework because we get the same small amount each week.

Firstly, I think there should be more maths in homework because we only get small pieces every week.

Secondly, we should have more writing because we only have look, cover, write, check.

Finally, we should have more times tables because we get the same tables each week.

So Miss Bird please, please give us more homework.

from Clayton
Bingara Band Program

I would like to remind everyone how important it is to attend as many rehearsals as possible. There has been a lot of illness around and understandably some students have had to miss rehearsals. However, we are starting a lot of new music and we have several important performance opportunities coming up in Bingara, so regular attendance is essential. Parents can help by ensuring musicians have their books and instruments each lesson.

Another vital aspect is regular practise at home. Four practices of at least 15 minutes per week is the minimum recommendation and it is very important that parents encourage this habit and complete the practice charts in the Essential Elements Books. Secondary and advanced primary students also need to practise and fill out the charts please.

New Instrumental Group

There will be a final meeting today at 3pm for parents of new band students. At this meeting new students will be signed into the program and parents will be given an outline of how the program will work and how they can best assist their children with their learning. As this will be the only new group started until this time next year, anyone else who has some interest in starting to learn an instrument needs to contact me as soon as possible.

It is very exciting to see such an enthusiastic group starting out and I am very much looking forward to working with them.

Contact Details

Please do not hesitate to contact me with any concerns or queries, preferably by email: robyn.conway@det.nsw.edu.au or Phone 67291000 or 67241606

Robyn Conway
Music Teacher
## CANTEEN

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<thead>
<tr>
<th>Date</th>
<th>Name 1</th>
<th>Name 2</th>
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</thead>
<tbody>
<tr>
<td>Monday 17</td>
<td>Kylie Johnson</td>
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</tr>
<tr>
<td>Tuesday 18</td>
<td>Liz Kakoschke</td>
<td></td>
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<tr>
<td>Wednesday 19</td>
<td>Julie Drysdale</td>
<td></td>
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<tr>
<td>Thursday 20</td>
<td>Lorraine McKinnon</td>
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## BINGARA MINOR LEAGUE

This Saturday coming Bingara play away at Uralla. They only have under 12’s and Senior Girls so everyone else has the weekend off. Game times are as follows:

- Under 12’s 10am
- Senior Girls 10.50am

Uralla play at the Uralla sporting complex which is in Plane Avenue opposite the golf club. If you turn right at the bottom pub, follow the main road as if heading to Tamworth, take the last left before you head out of town, go down 1 block, turn right into Plane Avenue and the sporting complex is just out a bit on the left.

Nedine Young

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## KEEP CALM

**KEEP CALM**

**THEY’RE JUST KIDS**

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*Does your child:*
*• Show extreme behaviour?*
*• Have intense temper tantrums?*
*• Refuse to do what they are asked?*
*• Use verbal and physical aggression?*

**Keep Calm, They’re Just Kids** shows parents how:
*• To identify the child’s concerns and triggers that cause the behaviour.*
*• To teach the child coping skills and*
*• To find workable solutions that satisfy both parent and child and lessen the likelihood of negative behaviour*

**FREE help for frustrated parents**

**WHEN:** Two Thursdays: 13th & 20th August 2015 - 9.30am to 12.30pm
**WHERE:** 3/150 Rusden St, Armidale
**COST:** FREE

For more information or to book, please call 1800 372 826 or 6738 7200
Bingara RSL
Sat 22 August 2015
4.30pm till 6.30pm
$3 per Child

Dress up Cowboys
& Cowgirls

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Show Your Colours for the Chopper

SUNDAY 6TH SEPTEMBER
UNE ARMIDALE

SATURDAY 24TH OCTOBER
AELC TAMWORTH

switchbackevents.com.au